

Flexi Joint Vitals

"Strong Joints. Flexible Movement. Natural Vitality."



SUPPLEMENT FACTS

Serving Size: 2 Capsules
 Serves Per Container: 30

	Amount Per Serving	%Daily Value
Vitamin B1 (Thiamin)	3 mg	250%
Vitamin B2 (Riboflavin)	2 mg	154%
Vitamin B3 (Niacin)	2 mg NE	13%
Vitamin B6 (as Pyridoxine HCl)	2 mg	294%
Folate	660 mcg DFE	170%
	180 mcg as folic acid	
Vitamin B12 (as Cobalamin)	100 mcg	4300%
Vitamin D3 (as Cholecalciferol)	12.6 mcg as D3	25%
Biotin	100 mcg	333%
Vitamin B5 (Pantothenic Acid)	3.6 mg	50%
Inositol (as Ferrous Fumarate)	0.66 mg	4%
Magnesium (as Magnesium Citrate)	8 mg	2%
Zinc (as Zinc Gluconate)	7 mg	64%
Proprietary Herbal Blend	1000 mg	-
Proprietary Amino Acid Blend	260 mg	-
	Alpha-Lipoic Acid, L-Serine, L-Tryptophan	

Each of our products are 100% natural, organic, and contain no synthetic ingredients. Each product is made in a GMP certified facility. We are committed to providing the highest quality products to our customers. All products are made in a GMP certified facility. We are committed to providing the highest quality products to our customers. All products are made in a GMP certified facility. We are committed to providing the highest quality products to our customers.

FLEXI JOINT VITALS

Restore, Support, & Renew from Within!

- ✓ Supports cartilage health and connective tissue integrity*
- ✓ Supports normal joint mobility and ease of movement*
- ✓ Supports joint comfort during physical activity*
- ✓ Supports cellular protection with antioxidant*
- ✓ Supports joint tissue nourishment*

8 Phytonutrients
 Featuring:
 ✓ Zingiber officinale
 ✓ Boswellia serrata
 ✓ Curcuma longa

9 Vitamins
 Featuring:
 ✓ B-Complex
 ✓ Vitamin D3
 ✓ Vitamin B12

3 Amino Acids
 Featuring:
 ✓ Alpha Lipoic Acid
 ✓ L-Tryptophan
 ✓ L-Serine

Gifted By Nature, Formulated By
FIFTH SENSE
 DIETARY SUPPLEMENT

60 CAPSULES

INFORMATION

High Potency Clinically Studied Ingredients for Holistic Wellness

AUTON: Adults 18+ only. Keep out of reach of children. Do not exceed the daily recommended limit. Ensure the lid is closed after every use. Ensure the seal is intact before purchase. Pregnant, nursing or on medication consult healthcare professional before use.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

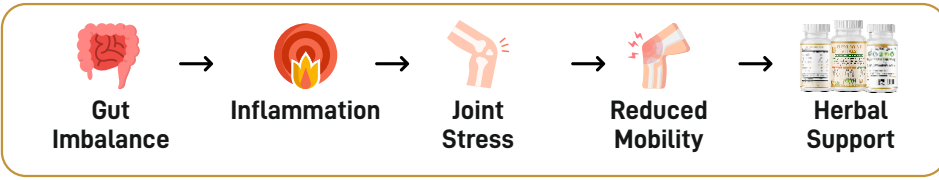
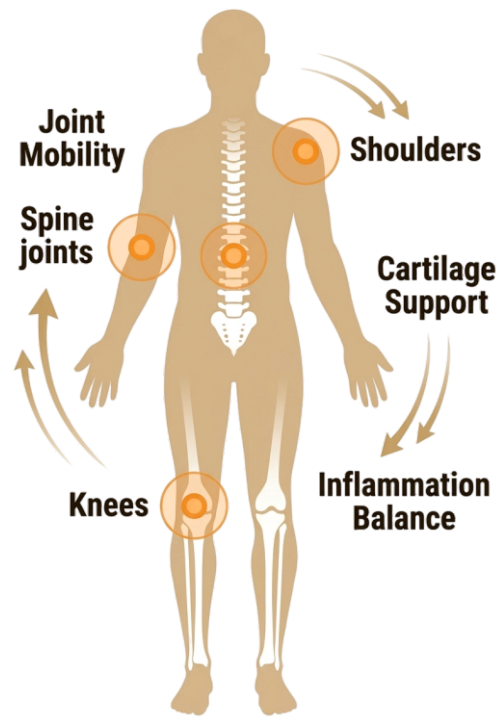
Manufactured & Marketed By: Yuviva Holistics LLC
 49 W Golf Rd, #358, Mount Prospect, IL 60056, USA
 For any feedback or queries:
 Website: yuvivaholistics.com | Email: Info@yuvivaholistics.com
 Made in India. Researched and Developed in Singapore

Batch No:
 Exp. Date:

Flexi Joint Vitals is a scientifically formulated blend of clinically studied herbs and nutrients designed to support joint comfort, flexibility, and long-term mobility. By targeting inflammation, oxidative stress, and gut-driven pathways, it promotes smoother movement and overall musculoskeletal wellness.

CORE BENEFITS

- ✓ Supports joint comfort*
- ✓ Helps maintain healthy joint mobility*
- ✓ Reduces inflammation*
- ✓ Protects from oxidative stress*
- ✓ Supports cartilage health*



5 Biochemical Pathways for Joint Health, Mobility & Pain Relief

Multi-Pathway Joint Optimization

1 Inflammation Regulation



Mechanism: Modulates NF-KB, COX-2 and 5-LOX pathways, reduces inflammatory cytokines (TNF-a, IL-6).

Outcome: Reduced joint inflammation and stiffness

Benefit: Improved joint comfort and mobility

2 Oxidative Stress Protection



Mechanism: Neutralizes ROS and supports antioxidant enzymes, prevents cartilage degradation

Outcome: Protection of joint tissues and cartilage

Benefit: Slows joint aging and damage

3 Cartilage & Bone Support



Mechanism: Supports collagen formation, bone density, and cartilage repair processes.

Outcome: Improved joint structure and resilience

Benefit: Better flexibility and long-term joint strength

4 Gut-Joint Axis & Immune Balance



Mechanism: Reduces cortisol-driven inflammation + supports neuromuscular function

Outcome: Improved muscle support around joints

Benefit: Reduced strain, better movement efficiency

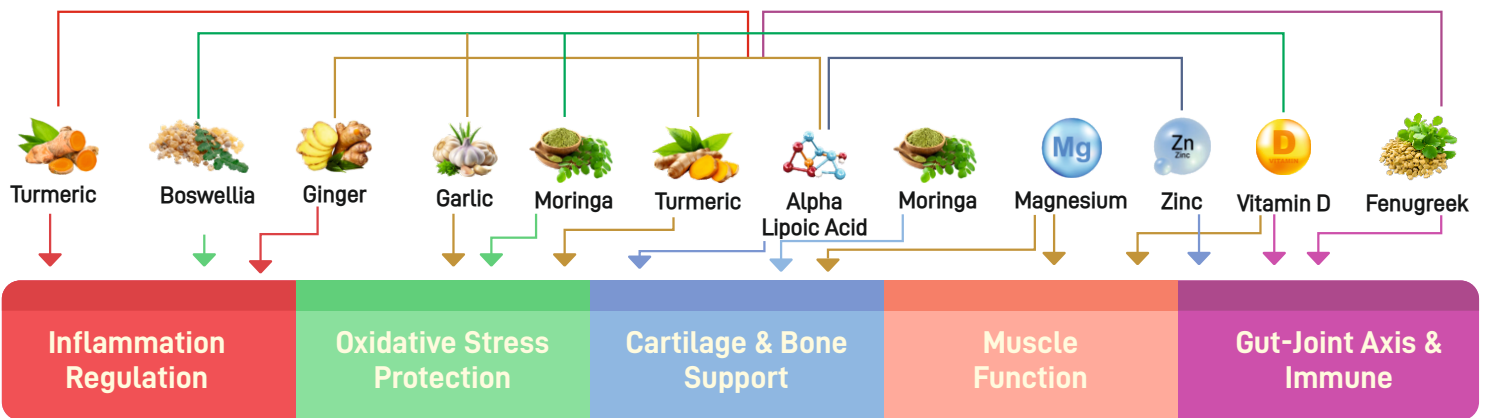
5 Muscle Function & Stress Modulation



Mechanism: Improves gut balance reduces endotoxins (LPS), lowers systemic inflammation

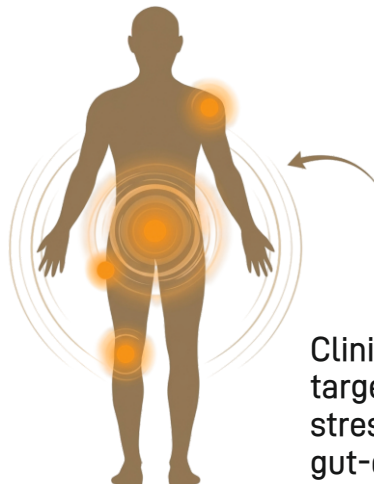
Outcome: Reduced inflammation reaching joints

Benefit: Addresses root cause of chronic joint pain



Why FlexiJoint Vitals is Different

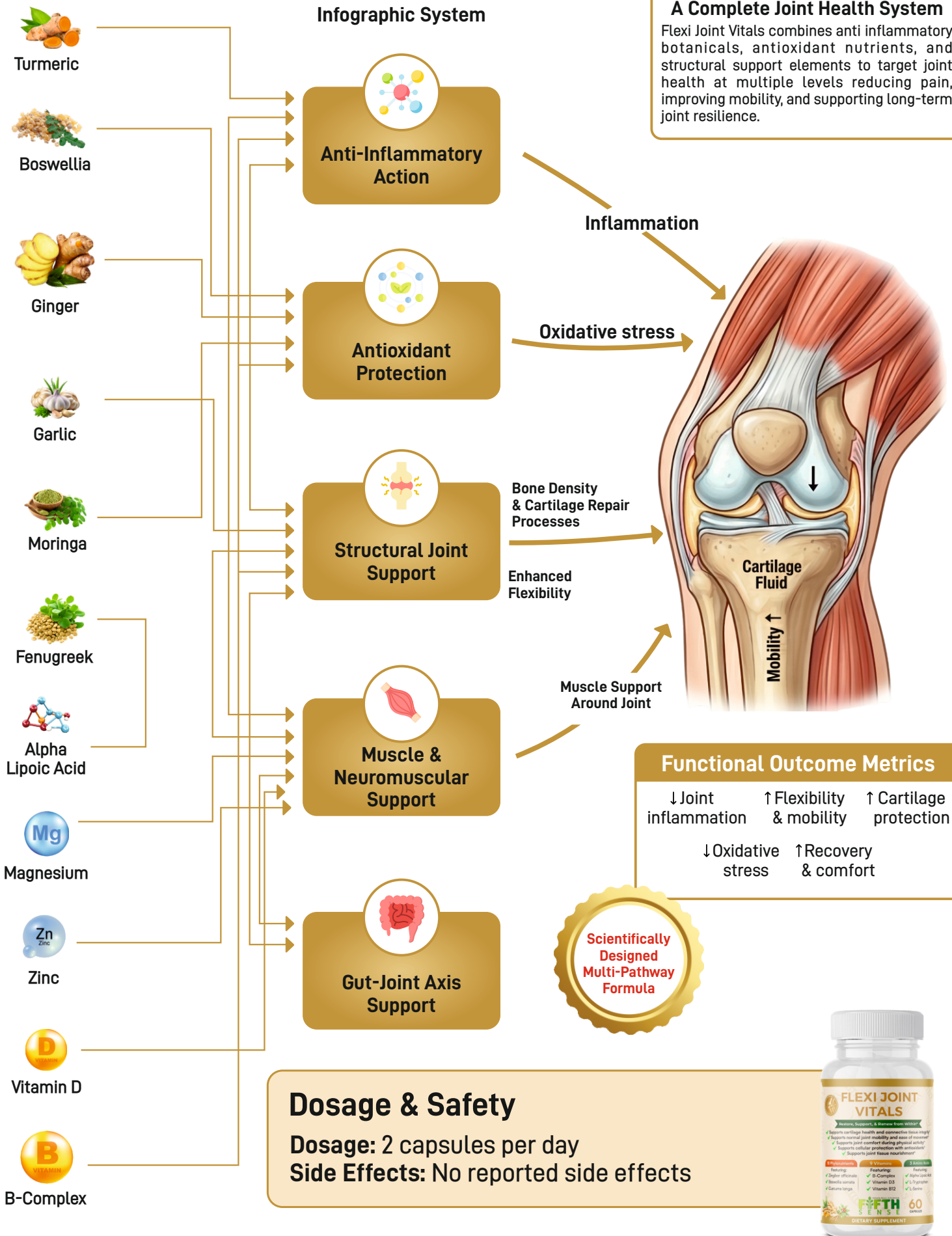
- ✓ Targets root causes, not just symptoms
- ✓ Gut + inflammation + joint structure approach
- ✓ Clinically studied herbal synergy
- ✓ Combines Ayurveda + modern science
- ✓ Supports mobility, flexibility, and recovery



Clinically inspired formulation targeting inflammation, oxidative stress, cartilage health, and gut-driven joint pathways

Ingredients, Mechanism, and Science

Full connected Infographic System



Scientific Evidence & The FifthSense Advantage

Clinical Authority Section

Scientific Evidence in Joint Health, Inflammation & Mobility

1. Kulkarni PD et al. (2020). Double-blind trial comparing Boswellia serrata formulations in knee osteoarthritis. Drug Metabolism and Personalized Therapy, 35(2).
2. Majeed A et al. (2024). Boswellia serrata extract improves knee osteoarthritis in a randomized, placebo-controlled trial. Frontiers in Pharmacology, 15:1428440.
3. Zhao J et al. (2024). Efficacy and safety of curcumin therapy for knee osteoarthritis: A network meta-analysis. Journal of Ethnopharmacology, 321:117493.
4. Tuntiyatorn P et al. (2025). Curcumin in hand osteoarthritis: A double-blind randomized controlled trial. BMC Complementary Medicine and Therapies, 25(1):356.
5. Jitendra G et al. (2025). clinical applications of ginger (Zingiber officinale). Pharmacological Research - Modern Chinese Medicine, 14:100561.
6. Hairi et al. (2025). Moringa oleifera in bone health and bone loss management. International Journal of Medical Sciences, 22(4):819-833.
7. Fernández-Lázaro et al. (2022). Tribulus terrestris effects on inflammation and antioxidant biomarkers. International Journal of Environmental Research and Public Health, 19:16158.
8. Shahid et al. (2025). Role of alpha-lipoic acid in oxidative stress and inflammatory conditions. Current Issues in Molecular Biology, 47(5).

Osteoarthritis

Inflammation

Cartilage Protection

Mobility

Oxidative Stress

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Brand + Product Ecosystem Section

About Fifth Sense

FifthSense Holistic Wellness integrates the wisdom of Ayurveda, Traditional Chinese Medicine (TCM), and Unani with modern clinical research to develop advanced nutraceutical solutions. Our formulations are designed to restore balance, enhance vitality, and support long-term health in today's high-stress environments.

Why FifthSense?

- ✓ Multi-pathway science-backed formulations
- ✓ Combines traditional medicine with modern research
- ✓ High antioxidant & adaptogenic formulations
- ✓ Designed for real-world health challenges (smoking, pollution)
- ✓ Premium quality, safety-tested ingredients

Explore Our Range



Energy Booster

Enhances stamina, strength & mental performance*



Visit Our Website
www.yuvivaholistics.com



Lung Guard

Supports respiratory health & oxygen utilization*



View Lab Testing & Certificates

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