

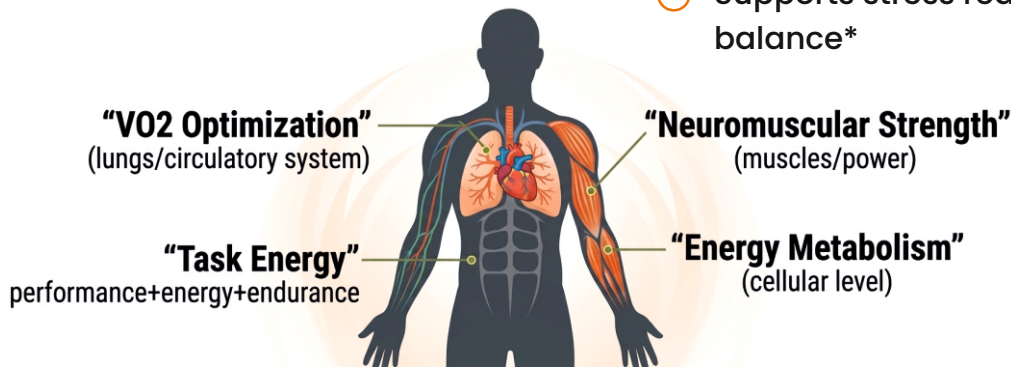
Energy Booster

"Power Up Your Day"



FifthSense Energy Booster is a scientifically formulated proprietary blend of clinically studied herbs designed to enhance stamina, physical endurance, and mental clarity. It supports neuromuscular strength, improves energy metabolism, and helps reduce stress, fatigue, and anxiety—empowering you to perform at your peak every day.

- ✔ Boosts stamina and sustained energy*
- ✔ Improves muscle strength & endurance*
- ✔ Promotes overall daily performance*
- ✔ Enhances mental clarity and focus*
- ✔ Supports stress reduction & mood balance*



Herbal Ingredients

Cellular Energy

Human Performance



Ashwagandha (Withania somnifera) + Bacopa (Bacopa monnieri) + Curcumin (Curcuma longa) + Shilajit (Asphaltum punjabinum)

Moringa (Moringa oleifera) + Spirulina (Arthrospira platensis)

Amino Acids
 L-Tyrosine, L-Leucine, S-Adenosyl-L-Methionine (SAME)



Non-GMO



Vegan



Preservative Free



Clinically Tested



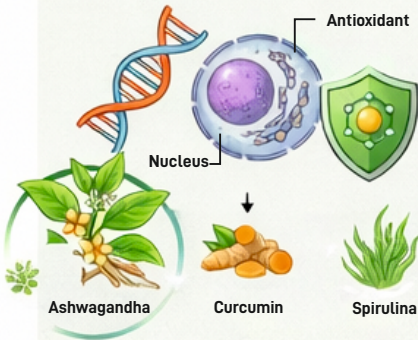
Registered



Approved

Multi-Pathway Biochemical Energy Activation

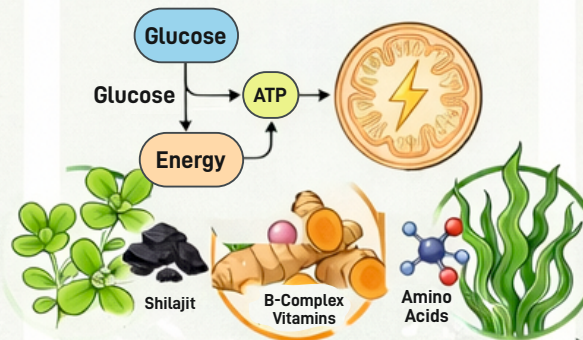
1. Nrf2 Antioxidant Pathway (Cellular Defense System)



Mechanism: Activates Nrf2 transcription factor increases antioxidant enzyme expression, maintains redox balance.

Outcome/Benefit: Reduced oxidative stress, improved cellular resilience. Sustained energy + reduced fatigue

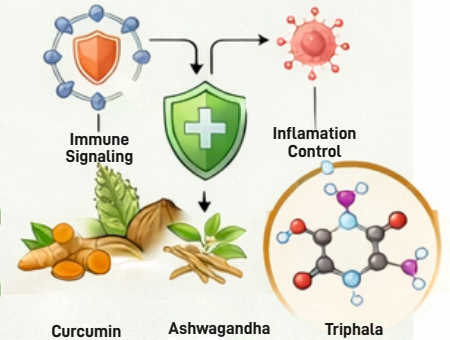
2. PI3K/AKT Energy Metabolism Pathway



Mechanism: Activates PI3K/AKT signaling enhances glucose uptake & ATP production

Outcome/Benefit: Efficient cellular energy generation. Increased stamina & physical performance

3. NF-κB Inflammation Regulation Pathway

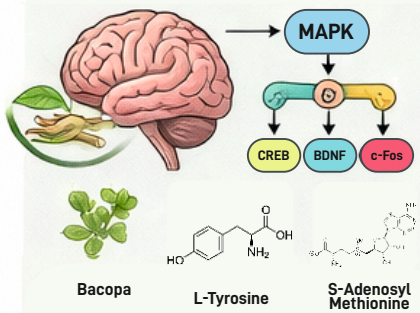


Downregulates NF-κB signaling reduces inflammatory cytokines (IL-6, TNF-alpha)

Efficient cellular energy generation

Increased stamina & physical performance

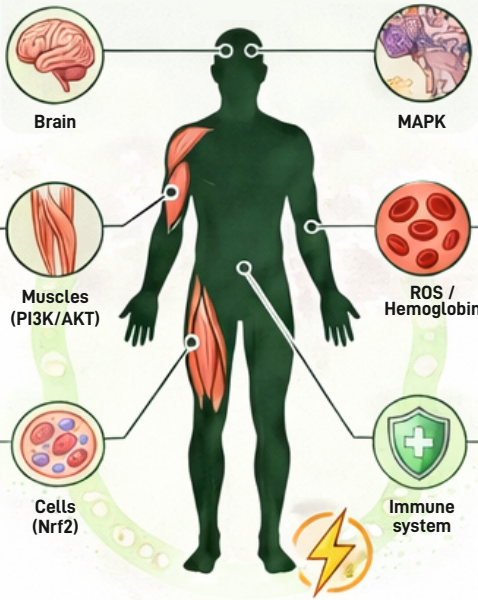
4. MAPK Stress Response & Cellular Adaptation



Modulates MAPK signaling supports neuroprotection & stress adaptation

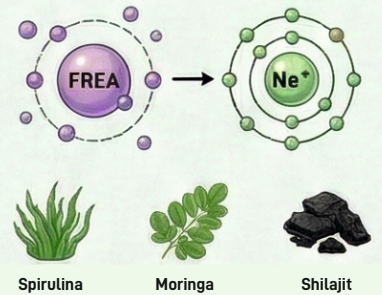
Improved cognitive resilience

Mental clarity, focus, reduced anxiety



Synergistic Multi-Pathway Energy Optimization

5. Oxidative Stress Reduction (ROS Modulation Pathway)

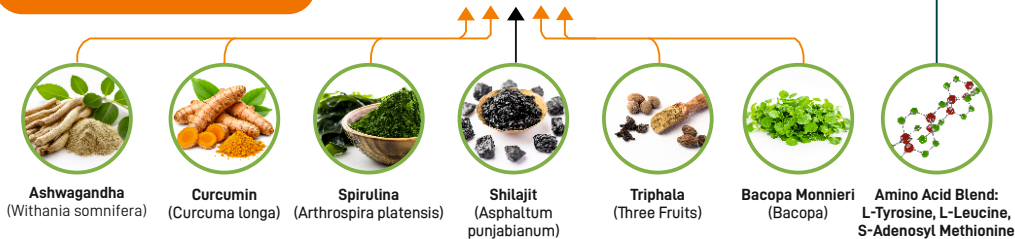


Neutralizes ROS, reduces lipid peroxidation (MDA), protects cells

Cellular protection + improved oxygen utilization

Better endurance, VO2 max, overall vitality

Ingredient Infographic



Clinically aligned formulation targeting oxidative stress, inflammation, and energy metabolism pathways.



INGREDIENTS & MECHANISM OF ACTION



Ashwagandha



Shilajit



Bacopa



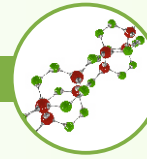
Curcumin



Spirulina

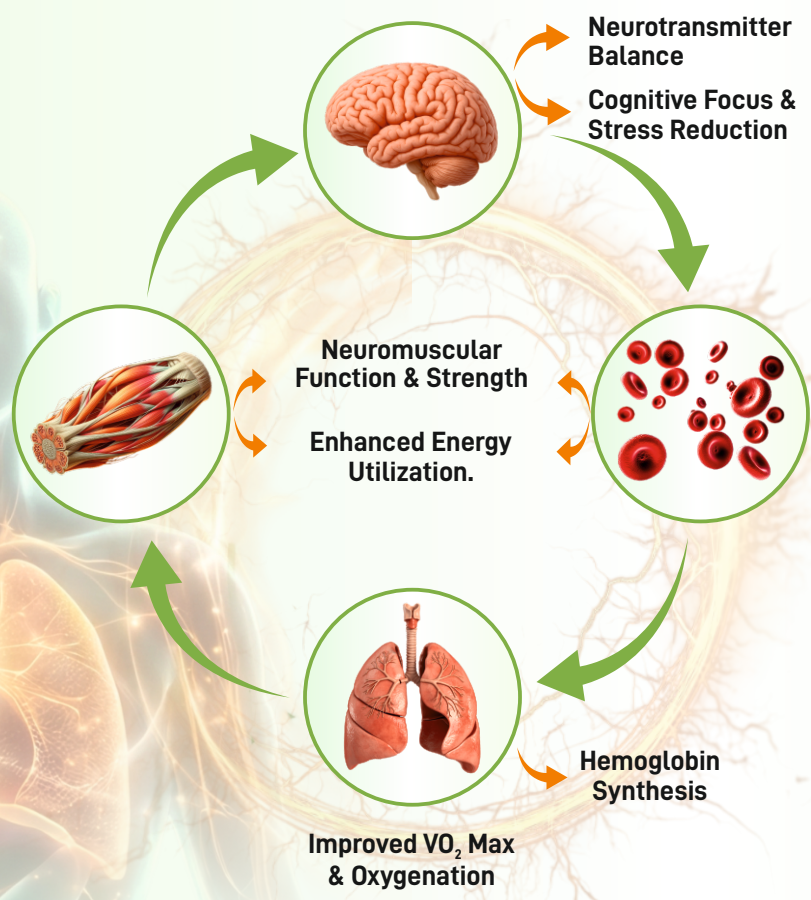


Triphala

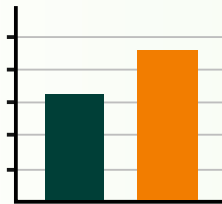


Amino Acid Blend

HOW IT WORKS: Mechanism of Action



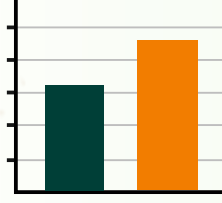
CLINICAL RESULTS: Backed by Studies



Muscle Strength Increase
Male ↑ 41%
Female ↑ 53%



VO₂ Max Improvement
Male ↑ 13.4%
Female ↑ 11.8%



Hemoglobin Levels Increase
Male ↑ 7.7%
Female ↑ 9.7%



Backed by Clinical Studies

Dosage & Safety

Dosage: 2 capsules per day
Side Effects: No reported side effects



Scientific Validation & The FifthSense Difference

Clinical Authority Section

Backed by Science & Clinical Research

1. Saha et al. (2024). Current insights into transcriptional role(s) for the nutraceutical Withania somnifera in inflammation and aging. *Front Nutr.* 2024 May 3;11:1370951. doi:10.3389/fnut. 2024.1370951.
2. Basudkar et al. (2024). Emerging Vistas for the Nutraceutical Withania somnifera in Inflammaging. *Pharmaceuticals (Basel).* 2024 May 7;17(5):597.
3. Wiczynski et al. (2024). Ashwagandha's Multifaceted Effects on Human Health. *Nutrients.* 2024 Jul 31;16(15):2481. [Clinically Supported Ingredients]
4. Gómez et al. (2023). Effects of Withania somnifera on Hematological and Biochemical Markers. *Curr Nutr Rep.* 2023 Sep;12(3):465–477.
5. Corona et al. (2023). Hemoglobin levels and physical performance. *BMC Geriatr.* 22, 233.
6. Mikulska et al. (2023). Ashwagandha—Health-Promoting Activities Review. *Pharmaceutics.* 2023 Mar 24;15(4):1057.
7. Akhgarjand et al. (2022). Ashwagandha and stress/anxiety meta-analysis. *Phytother Res.* 2022 Nov;36(11):4115–4124.
8. D'Cruz et al. (2022). Clinical applications in neuropsychiatry. *Expert Rev Clin Pharmacol.* 2022 Sep;15(9):1067–1080.

RESEARCH
BACKED
FORMULATION

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Brand + Product Ecosystem Section

About Fifth Sense

FifthSense Holistic Wellness integrates the wisdom of Ayurveda, Traditional Chinese Medicine (TCM), and Unani with modern clinical research to develop advanced nutraceutical solutions. Our formulations are designed to restore balance, enhance vitality, and support long-term health in today's high-stress environments.

Why FifthSense?

- ✓ Multi-pathway science-backed formulations
- ✓ Combines traditional medicine with modern research
- ✓ High antioxidant & adaptogenic formulations
- ✓ Designed for real-world health challenges (smoking, pollution)
- ✓ Premium quality, safety-tested ingredients

Explore Our Range



Liver Fortify

Supports detoxification & liver health*



Lung Guard

Supports respiratory health & oxygen utilization*



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